

St Herbert's C of E Primary and Nursery School  
PE Long Term Plan  
Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	Beanbag skills (invasion)	Ball skills at the zoo (invasion)  Sports club	Gym- Jumping and balancing- Louise Harper	Dance-Fictional characters- Louise Harper  Sports Club	Turn taking on holidays (Strike and field)- Louise Harper	Fun with quoits and cones Athletics- Class Teachers  Sports Club
Year 1 / 2	Sending and receiving (invasion)- Louise Harper.  Dance The UK- Traditional Dances- Class Teachers  Sports club	Gymnastics – balance and coordination- Louise Harper  Kicking and dribbling (invasion)- class teachers	Gymnastics – famous people- class teachers  Dance –fictional characters pirates- class teachers  Sports Club	Dance –traditional dances UK- class teachers  Kicking and Dribbling (hockey and football)- class teachers	Rule making – outdoor adventure- class teachers  Striking for accuracy- class teachers  Sports Club	Movement- athletics- Louise Harper  Group games – strike and field- class Teachers
Year 3 / 4	Passing and moving invasion (netball and basketball)- class Teachers  Gymnastics- Jumping ‘splashing rivers’- class teachers	Gym – what’s my direction- class Teachers  Dance Style- Bollywood- class Teachers.  Sports Club	Dribbling, movement and teamwork – hockey.  Gymnastics – Symmetrical Shapes- Emma Marshall	Returning – net games , tennis and volleyball – Emma Marshall  Dance Science- Magnets- class Teachers.  Sports Club	Decisions – outdoor adventure- class Teachers  Striking and Exploring (strike and field)- Emma Marshall	Record breakers – athletics- class Teachers  Invasion- Tag Rugby- Class Teachers  Sports Club.
Year 5 / 6	Invasion competitive netball- class teachers	Swimming – class Teachers	Dance style – street dance- Class Teachers	Dance history WW2- Class Teachers	Striking and fielding- cricket- Class Teachers	Striking and fielding- Rounders- Emma Marshall

	Gym – complex sequences Mountains- Emma Marshall  Sports Club	Invasion to score- Hockey and football- Emma Marshall	Invasion games – rugby league- Class Teachers  Sports Club	Finding success Outdoor adventure- Class Teachers	Olympic training (Athletics)- class teachers  Sports Club	Athletics - Going for gold- class Teachers
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St Herbert's C of E Primary and Nursery School  
PE Long Term Plan  
Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	Beanbag skills (invasion)- Class Teacher	Ball skills at the zoo (invasion)- Class Teacher  After school sports club- Louise Harper	Gym- Jumping and balancing- Louise Harper	Turn taking on holidays (Strike and field)- Louise Harper  After school sports club- Louise Harper	Fun with quoits and cones Athletics- Louise Harper	Dance- fictional characters- class teachers  After school sports club- Louise Harper
Year 1 / 2	Throwing and catching (invasion)- Louise Harper  Dance Animals- Jungle- Class Teachers  After school sports club- Louise Harper	Ball control (invasion)- class teachers  Gym- balance and agility- Louise Harper	Gym- Jump into the past- Class teachers  Balance and Control- Striking (Net games)- class teachers  After school sports club- Louise Harper	Partner games (strike and field)- Class Teachers  Gym- Position and direction- class teachers.	Athletics- fundamentals- class teaches  Creative play (outdoor adventure)- class teachers.  After school sports club- Louise Harper	Running and jumping (Athletics)- Louise Harper  Dance Fictional Characters- traditional tales- class teachers.

<p>Year 3 / 4</p>	<p>Gym- what's my direction- class teachers</p> <p>Dance Science- Electricity- class teachers</p>	<p>Decisions- outdoor adventure- class teachers</p> <p>Gym- The symmetrical Stone Age-Class Teachers</p> <p>After school sports club- Emma Marshall</p>	<p>Dribbling, movement and teamwork- Hockey- Emma Marshall</p> <p>Gym- perfecting sequencing 'the water cycle'-class teachers</p>	<p>Passing and Moving invasion- Netball- Emma Marshall</p> <p>Dance style- Charleston.- class teacher</p> <p>After school sports club- Emma Marshall</p>	<p>Record breaking (athletics)- Emma Marshall</p> <p>Dance History- Romans- class teacher</p>	<p>Fielding (strike and fielding) Class Teacher</p> <p>Invasion games- Rugby League- Class teachers</p> <p>After school sports club- Emma Marshall</p>
<p>Year 5 / 6</p>	<p>Gymnastics 'Viking' Balance- Emma Marshall</p> <p>Invasion in a team- Hockey- Class Teachers</p> <p>After school sports club- Emma Marshall</p>	<p>Invasion- competitive- Netball/basketball- Emma Marshall</p> <p>Dance Science- space- class teachers.</p>	<p>Gym- abstract angles- class teachers.</p> <p>Swimming- Yr 5- class teachers.</p> <p>After school sports club- Emma Marshall</p>	<p>Accuracy and rallies (net games)- class teachers.</p> <p>Invasion games- flag football- class teachers.</p>	<p>Olympic training (athletics)- Emma Marshall/</p> <p>Striking and fielding- cricket- class teachers.</p> <p>After school sports club- Emma Marshall</p>	<p>Invasion games- rugby league- class teachers.</p> <p>Exploring, striking and fielding- class teachers.</p>